

2010 Men's Retreat

Finding Rest... Finding God

Facilitator - Rev. BJ Beu, Neighborhood Church Laguna Beach

October 1st - 3rd

(Friday lunch—Sunday breakfast)

We are busy people, crippled by schedules that are slowly killing us. We think our kids must be exposed to every possible sport and activity, lest they be left behind. We volunteer our time for noble causes. We work long hours and worry that our standard of living goes down every year. We strive to be more productive, so that we can make more money, and be even busier than we are now. And at the end of a hard day, we collapse on the couch to watch television.

We are out of sorts because our lives are so filled with stimulation and noise. We long for silence, but are afraid of it. For when the outer world is quiet, we begin to hear our inner noise. In that noise we discover that our lives are spent rehashing the past, or anticipating the future. We discover that old arguments and future fears hold us in their grip. We discover that we are anywhere but here...now. And so we miss out on what is happening...really happening. We miss the texture of each moment. We miss the inherent sacredness of every second of every day. We feel empty.

At this year's men's retreat, we invite you to find time for silence and reflection; find time for rest; find time for God. Our retreat will offer opportunities to simply be in the presence of God...in silence...in prayer...in laughter...in fellowship...in drumming... or simply going for a hike. If you want to reconnect with your life, don't miss our retreat!



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