

Guest's Name \_\_\_\_\_ Guest's Group \_\_\_\_\_

## LOW ROPES CHALLENGE COURSE (Age 9+)

Pilgrim Pines offers to all capable our guests ages 9 and above the opportunity to participate in a low ropes challenge course. Our low ropes challenge course is made up of 9 elements that are used in developing group communication, teamwork, problem solving techniques, and trust among peers. Groups work together to set a goal and complete a team challenge on these ground level obstacles. It is PILGRIM PINES CAMP & CONFERENCE CENTER's policy to only provide facilitators trained in ropes course safety, instruction, first aid and CPR, to reduce all associated risks as best as possible.

### Pilgrim Pines Camp & Conference Center Low Ropes Challenge Course Release Form

I have requested PILGRIM PINES CAMP & CONFERENCE CENTER to allow (guest's name) to participate in the LOW ROPES CHALLENGE COURSE. As a condition of receiving this benefit, I, the undersigned, do hereby agree to the following:

I understand that my/my child's participation in this activity can expose me/them to dangers from both known and unanticipated risks. Acknowledging that such risks exist, I hereby release and discharge PILGRIM PINES CAMP & CONFERENCE CENTER, its officers, agents, and employees from any and all claims or liability for personal injury or property damage I/my child may suffer while participating in this activity; including, but not limited to, any claim arising out of any condition of the premises at which the activity is held or the conduct of any person in connection with the preparation for, supervision of, or conduct of any activity, whether planned or unplanned. I specifically agree to release and hereby release PILGRIM PINES CAMP & CONFERENCE CENTER and the officers, agents, and employees of Pilgrim Pines for any negligence of Pilgrim Pines, or its officers, agents, or employees.

I do not want my child to participate in the low ropes challenge.

Signature of Adult/Guardian \_\_\_\_\_

Date \_\_\_\_\_