Welcome Packet

Dear Camper and Parent/Guardians,

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We're thrilled to have you join us at camp! After many hours of planning and assembling a fantastic team of staff members, we're now ready for your arrival. Your camper can look forward to a time filled with fun, adventure, and community. Before you arrive, we want to make sure you're fully prepared. This packet contains important information that will help you and your camper get the most out of this experience. We encourage you to review it together carefully. If you have any questions, feel free to reach out to us at (909) 797 - 1821 or email <u>registrar@pilgrimpinescamp.org</u>. We can't wait to welcome you to the mountain for an unforgettable time of worship, friendship, and fun!

> See you soon! The Winter Camp Team

ARRIVAL FOR WINTER CAMP

PLEASE PLAN TO ARRIVE AT THE TIMES LISTED BELOW. WE KINDLY ASK THAT YOU DO NOT ARRIVE EARLY, AS WE WON'T BE READY TO WELCOME YOU UNTIL 10:00 AM ON SATURDAY.

DROP OFF

Saturday, February 15 at 10am

PICK UP

Monday, February 17th at 11am

IMPORTANT PICK UP INFORMATION

To ensure the safety of your camper, <u>only individuals listed on your camper's pick-up</u> <u>authorization form will be permitted to pick them up.</u>

Any approved person will need to present a valid driver's license when signing your child out of camp.

In the unlikely event we need to change the pick-up time or location because of an emergency, you will be notified via mass email through the registration system and/or via phone

GETTING TO CAMP

Pilgrim Pines Camp is easily accessible from the 10 freeway, coming up either through Yucaipa if you are coming from Los Angeles or the north or west of camp, or through Beaumont if you are coming from San Diego, Palm Springs, or the east or south of camp. The address is 39570 Glen Rd, Yucaipa CA, 92399

HEALTH PROCEDURES

To ensure your camper has the best experience at camp, please make sure they arrive healthy and free of illness. Your camper will be joining a community of others, living and sharing spaces together, so it's important that habits like frequent hand-washing and covering sneezes are second nature. The camp is staffed with a Health Supervisor, and a physician is available on call if needed.

You will be notified if your camper:

- Needs to spend the night in the infirmary
- Requires a doctor's visit or emergency room care
- Breaks the Camper Behavior Agreement

ALL CAMPERS RECEIVE A HEALTH SCREENING UPON ARRIVAL AT CAMP, AND THE HEALTH SUPERVISOR, OR THEIR PROXY, VERIFIES HEALTH INFORMATION. PARENTS WILL BE NOTIFIED OF ANY CONCERNS.

All prescription medications must be checked in with the Health Supervisor and can only be at camp if:

- In the original container
- Labeled with the camper's name, physician's name and correct dosage Non-prescription medication will be given per the camp's standing orders or under the signed instruction from the parent/guardian as allowed or the individual's physician.

Parents, please note that camp is a 3 days with a busy schedule and lots of activities. It's important that your camper brings a full supply of any prescribed medications. This is not the time to test how your camper does without their medications or to introduce new medications, unless medically

necessary. Emergency medications, such as Epinephrine or inhalers, will stay with the camper at all times, and camp staff will be informed of any specific medical needs.

PILGRIM PINES MISSION & VISION STATEMENT

Pilgrim Pines Camp and conference center, a ministry of the United Church of Christ, affirms persons of all ages, sexes, genders, gender expressions, sexual orientations, racial or ethnic backgrounds, socio-economic positions, intellectual, developmental, emotional, and physical abilities, or religious affiliation.

We seek to:

- Provide an inclusive and safe environment for personal and spiritual growth and to be accepting of a diverse population of opinions, beliefs, ideas and backgrounds.
- Nurture community by building personal relationships.
- Encourage care and concern for all of God's creation and encourage a sustainable world through modeling environmentally just practices.
- To seek to create a peaceful and healing community in which people learn to cooperate in an inclusive and diverse setting.

THE PINES PROGRAM GOALS

#1: Staff will work to help campers feel safe physically, mentally and emotionally.#2: Staff will provide a nurturing space for each camper to explore their own identities, spirituality, and values; and that will be accepting of a diverse population of opinions, beliefs, ideas and backgrounds.

#3: Staff will encourage each camper to learn to thrive in a group environment and larger community.

#4: Camp will act as an inclusive environment that celebrates people of all backgrounds; especially those whose identities are part of historically marginalized & oppressed groups.#5: Staff will help each camper develop a relationship with the unceded Cahuilla & Serrano territories, where the camp was built.

#6: Camp will encourage care and concern for all of God's creation and encourage a sustainable world through modeling environmentally just practices.

#7: Camp will seek to create a peaceful and healing community in which people learn to cooperate in an inclusive and diverse setting.

FREQUENTLY ASKED QUESTIONS

What if my camper needs to arrive late or leave Early?

To make arrangements to arrive at camp late or depart early, be sure to contact the registrar and let her know.

Can I bring my Phone? Camera? Music Player?

Campers are strongly encouraged to leave all expensive items at home, including cell phones and other hand-held devices. Should you choose to bring one of these items with you then you are taking full responsibility for it and will not be reimbursed if the device breaks and/or is lost.

What if my child gets sick or injured at camp?

Children often get cuts, scrapes, bumps, and bruises as well as stomachaches and other minor complaints. Our camp Health Supervisor will treat these illnesses and injuries as they arise. If the injury is deemed to be severe by the Nurse and/or members of camp leadership, you will be contacted via phone by the Camp Health Supervisor, Program Director or Executive Director with details regarding the injury/illness. You may be asked to pick up your child or informed of instructions on how to proceed. For minor injuries requiring anything beyond basic First Aid, but not necessarily severe, the Health Supervisor will document the treatment and may request to meet with you briefly at pick-up.

What if there is a family emergency?

In an emergency, the camp nurse may be contacted at 909 797 2691. This is a direct line to the Health Center and is only used in case of an emergency. If there is no answer at that number, you may try the office line at 909 787 1821 which has voicemail. In non-emergency cases, contact us through e-mail at office@pilgrimpinescamp.org What's it like at Camp?

A mile high in elevation, the Pines is located in the village of Oak Glen. on unceded land of the Serrano and Cahuilla peoples. The cabins are divided into two rooms, each equipped with three bunk beds (or 6 beds), and a bathroom with a toilet and sink. Shower facilities are centrally located. Camp weather can change quickly. We do occasionally get snow but even if we don't it will be cool! When checking the weather, it's best to use Oak Glen as your destination (not Yucaipa, which is a lower elevation).

What happens if there is an emergency at camp? We strive to keep our campers and staff safe and healthy throughout the week. In the event an emergency arises we do have a full set of emergency procedures for which we train and follow. Should an emergency arise which requires evacuation, we will use a bus company to transport campers to a location determined at the time of emergency. Parents & Guardians will be alerted via email as to the details of pick up.

WHAT ARE THE COVID POLICIES/PROCEDURES?

- 1. If your camper is eligible for the vaccine and boosters we strongly encourage it.
- 2. Campers will be asked to purchase an at home Covid-19 Rapid test prior to camp. Campers will need to provide proof of a negative Covid Test taken within 24 hrs of arriving to check in. While at camp, campers may be asked to take another Rapid Test.

WHAT TO BRING!

To best prepare your camper for their stay at camp, please have them help pack their belongings. This helps your camper develop a sense of independence and makes their first couple of days at camp easier. Please make sure your camper's name is written on ALL of their belongings. When you are packing, remember camp can not be responsible for lost or damaged items!

Personal Care/Random Needs

Clothing

- 3-4 t-shirts
- _ 3-4 pairs of socks
- _ 3-4 pairs of underwear
- _ sturdy shoes CLOSED TOED! preferably water proof
- _ 2-3 pairs of long pants
- _ Warm Pajamas
- _ 1 jacket or sweatshirt
- _ 1 pair of shower shoes

Nice to Have

- _Gloves, scarf, warm hat
- _ camera
- _ book
- _ stationary
- _ pens

- _ 1 washcloth
- _1 towel for shower
- _ sunscreen (spf 15+)
- _ lip balm (spf 15+)
- _ shampoo/conditioner/soap
- _ brush or comb
- _ deodorant
- _ toothbrush, toothpaste
- _ insect repellant
- _ sanitary items (as needed)
- _flashlight
- _ water bottle
- _ medications (see health
- section of this letter)

Bedding:

- _ sleeping bag or sheets/blanket
- _ pillow. The cabins are heated,
- but come prepared!

DO NOT PACK

- pets/animals
- video games
- gum, candy, or other food items
- laptops or portable DVD players
- tobacco, illegal drugs, alcohol
- fireworks or weapons
- matches or candles
- expensive or irreplaceable items

PILGRIM PINES POLICIES ON BULLYING

OUR MISSION & VISION- Pilgrim Pines Camp and conference center, a ministry of the United Church of Christ, affirms persons of all ages, sexes, genders, gender expressions, sexual orientations, racial or ethnic backgrounds, socio-economic positions, intellectual, developmental, emotional, and physical abilities, or religious affiliation. Pilgrim Pines Camp leadership and its governing Board affirm our commitment to the safety and wellness of all campers, staff, and volunteers.

Pilgrim Pines recognizes the harmful effects of bullying on camper well-being and desires to provide a safe environment that protects all from physical, social, spiritual, and emotional harm. Camp staff and volunteers shall establish camper safety as a high priority and shall not tolerate bullying of any type.

Strategies for addressing bullying at and after camp events shall be discussed and enhanced continually with the involvement of key stakeholders, including campers, parents/guardians, volunteers, staff, Pilgrim Pines committees, and the Board. These shall be incorporated into parent information, staff/volunteer training, camper orientations, and safety talks. **Bullying Prevention**- To the extent possible, Pilgrim Pines shall focus on preventing bullying by establishing clear rules for campers, staff, and volunteer conduct and implementing strategies to promote a positive, collaborative camp climate. Campers, parents, guardians, and caregivers shall be informed, through registration follow-up material and other appropriate means, of Camp rules related to bullying, mechanisms available for reporting incidents or threats, and the consequences for engaging in bullying.

Pilgrim Pines will provide campers with age-appropriate instructions, that promote effective communication and conflict resolution skills, social skills, character/values education, respect for and individual differences, self-esteem development, assertiveness skills, and appropriate online behavior. These should all be covered in an age-appropriate manner at the orientation at the start of each camp event.

Staff shall receive related professional development, including information about early warning signs of harassing/intimidating behaviors and effective responses at the staff training and additional follow-up meetings throughout the camp events. Based on an assessment of bullying incidents at camp, the Executive Director or Program Director may increase supervision and security in areas where bullying most often occurs.

Intervention- Campers, staff, and volunteers are required to notify camp staff if they are being bullied or suspect that another camper is being victimized. In addition, the Program or Executive Director shall communicate the means for campers to report threats or incidents confidentially and anonymously.

Camp staff who witness bullying must immediately intervene to stop the incident and let the Program or Executive Director know.

When appropriate based on the severity or pervasiveness of the bullying, the Program or Executive Director shall notify the parents/guardians of victims and perpetrators and if necessary, contact law enforcement.

Reporting and Filing of Complaints- Any camper, parent/guardian, staff, or volunteer who believes a camper has been subjected to bullying or witnessed bullying should report the incident to the Program or Executive Director. An incident report will be filled out and kept on file.

When the circumstances involve cyberbullying, individuals with information about the activity shall be encouraged to save and print any electronic or digital messages that they feel constitute cyberbullying and to notify a camp staff or volunteer so that the matter may be investigated.

Discipline- Corrective actions for a camper who commits an act of bullying of any type may include discussions with camp staff and guardians, behavioral intervention, and education, and, if the behavior is severe or pervasive, will include the camper being sent home. Each incident will be evaluated and a plan will be put into place as to when or if the perpetrator can return to camp the following year.

WWW.PILGRIMPINESCAMP.ORG